

THE UNION FOR CARE SECTOR EMPLOYEES

IMPORTANT INFORMATION REGARDING SLEEP-IN'S

GMB

GMB@WORK

GMB is the campaigning Trade Union for Care Workers. Recently, there have been some notable cases concerning the rates of pay for worker's who work 'sleep-in' shifts. Many of you will be paid a flat rate for these shifts. After spending many years making the argument that such activities should be covered by the National Minimum Wage, the GMB have managed to get the HMRC to issue guidance supporting our claim. If you want to make sure that your sleep in's are paid in compliance with the National Wage (£7.50 per hour for workers aged 25 and above) and are interested in back pay for the shifts you have already worked, please fill complete the form below.

1 ABOUT YOU

Your Name	<input type="text"/>	GMB Membership Number	<input type="text"/>
Address	<input type="text"/>		
Email	<input type="text"/>		
Telephone Number	Home: <input type="text"/>	Mobile: <input type="text"/>	
Employer	<input type="text"/>		
Place of Work	<input type="text"/>	Job Title	<input type="text"/>

What is your current rate of pay per hour?	<input type="text"/>		
How many hours do you work per week?	<input type="text"/>		
Do you work Sleep-in's?	YES: <input type="text"/>	NO: <input type="text"/>	
What rate of pay do you get?	<input type="text"/>		
Does this increase if you are woken up?	YES: <input type="text"/>	NO: <input type="text"/>	
What rate would you get if you are woken?	<input type="text"/>		
Do you work waking nights?	YES: <input type="text"/>	NO: <input type="text"/>	
What rate of pay do you get?	<input type="text"/>		
Do you have to work nights/sleep-in's?	YES: <input type="text"/>	NO: <input type="text"/>	
If YES, how many per week?	<input type="text"/>		
Any further comments:	<input type="text"/>		

Please return your form to:

FREEPOST GMB, FPN5979, Cooper House, 205 Hook Road, Chessington, Surrey, KT9 1EA
No stamp needed!

www.gmb.org.uk

UNIONLINE
YOUR TRADE UNION LAW FIRM
0300 333 0303
www.unionline.co.uk

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WHAT ARE GMB'S CONTRIBUTION RATES?

FULL TIME (21 HOURS OR MORE)
MONTHLY: £13.00
WEEKLY: £3.00

PART TIME (20 HOURS OR LESS)
MONTHLY: £7.59
WEEKLY: £1.75

10 HOURS OR LESS
MONTHLY: £4.34
WEEKLY: £1.00

Want to join? Complete the form below and hand it to your local **GMB Representative** or simply post it to us for free! Simply write:

FREEPOST GMB FPN5979, Cooper House, 205 Hook Road, Chessington, Surrey, KT9 1EA
on the front of an envelope and post.
You don't need a stamp!

FOR UNION USE ONLY

Section

Branch No

Membership No

Date of Joining

GMB MEMBERSHIP APPLICATION FORM PLEASE USE BLOCK CAPITALS

Date

1 TELL US ABOUT YOU

Surname	<input type="text"/>	First Name	<input type="text"/>	Title	<input type="text"/>
Home Address	<input type="text"/>	Mobile	<input type="text"/>	Home Tel	<input type="text"/>
Postcode	<input type="text"/>	Email	<input type="text"/>	Date of Birth	<input type="text"/>
Nationality	<input type="text"/>	I agree to abide by GMB rules Signature		<input type="text"/>	<input checked="" type="checkbox"/>

2 TELL US ABOUT YOUR JOB

Employer	<input type="text"/>	Your Job	<input type="text"/>
Address where you work	<input type="text"/>	How many hours a week do you work	<input type="text"/>
Postcode	<input type="text"/>	Pay No	<input type="text"/>
		Work Tel	<input type="text"/>
		Pay Date	<input type="text"/>

3 PLEASE SELECT WHEN YOU WOULD LIKE THE DIRECT DEBIT TO BE DEDUCTED FROM YOUR ACCOUNT

If you are paid monthly 1st day of the month* 8th day of the month* 16th day of the month* 23rd day of the month* last day of the month* *or next working day

OR If you are paid weekly 1st Friday 2nd Friday 3rd Friday 4th Friday

4 INSTRUCTION TO YOUR BANK OR BUILDING SOCIETY TO PAY BY DIRECT DEBIT



Please fill in the form and send to GMB Southern Region, Cooper House, 205 Hook Road, Chessington, Surrey KT91EA

Service User Number

Name and full postal address of your Bank or Building Society branch

To the manager of	Bank/Building Society
Address	<input type="text"/>
Postcode	<input type="text"/>

For GMB official use only. This is not part of the instruction to your Bank/Building Society. If your A/C number is not available fill in your

Name(s) of account holder(s)

Bank/Building Society Account Number

Bank/Building Society Sort

Reference Number (Office use only)

Instructions to your Bank or Building Society.

Please pay GMB Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with GMB and, if so, details will be passed electronically to my Bank/Building Society.

Signature(s)

Date

Banks or Building Societies may not accept Direct Debit instructions for some types of account